

OCTOBER 25, 2006

GERBER

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man and Brett Cutler families are co-chairs. Call (312) 988-1169.

RESPECTED BUSINESS VETERAN Arnie Traeger of Traeger Furs in Skokie is hanging up his minks and sables after 35 years and is retiring. His kids, Sharon, Glen and Barry, will carry on. Arnie's wife Mitzi is also retiring with her popular mate and recalls when the busy fur center was in the Loop before moving to Lincoln and Oakton.

BEING PRITZKER means you'll always make it into the Forbes list of the wealthiest in our nation. Six from the family (Tom, J.B., Penny, James, Gigi, Nick) are in the 400 richest local movers and shakers. Sam Zell, Oprah, Neil Bluhm, Lester Crown, Ken Griffin, William Wrigley, Jr., John Krehbiel, Jr., Robert Galvin, H.T. Warner, John Calamos, Michael Krasny are also on the coveted list.

WHAT A LESSON in godliness the Amish taught us with their forgiveness of the shooter who killed five of their young girls. The quiet milkman was mourned by the victims'

Block Stineman.

WISE AND CARING KATHY LEDERER was honored for her 14 years of service to cerebral palsy patients when the women's board of United Cerebral Palsy applauded her work... Oct. 27 at the Drake Hotel is the annual Gambol for the group—one of the best parties in town.

HEALTH/EXERCISE PIONEER

Jack La Lanne is 92 so you know he's doing something right. We interviewed him years ago and he admitted "hating to get up at 5 a.m. to work out but otherwise, I am nobody." With his wife Elaine and so Danny, he celebrated his birthday and reminded us all that eating grilled fish, salads and fruit is the way to a long life. Jack does push-ups, swims, lifts weights and fast walks on the treadmill. Scrambled egg whites are a favorite food, plus 10 servings or raw veggies a day plus five pieces of raw fruit and whole grains. It is never too late to start exercising, La Lanne reminds.